

Education

CJF. **Certified Journal Facilitator.** Currently studying comprehensive program of core theory, professional development, psychological awareness, and supervised practice on how to facilitate therapeutic writing groups. Therapeutic Writing Institute and the Center for Journal Therapy in Denver, CO.

ICT. **Instructor Certification Training.** Intensive Training in Denver, CO. Grounded in the core values of the Center for Journal Therapy and Therapeutic Writing Institute.

MFA. **Masters of Fine Arts in Nonfiction.** Graduated *Cum Laude*. Old Dominion University in Norfolk, VA May 2012. 43 graduate credits. Fall 2010 completed graduate course ENG 664, *Teaching College Composition*. Collaborative Project: Feasibility Report for Implementing Business Writing in FYC course. Created Teaching Portfolio with lesson plans, Observation Report and Teaching Philosophy.

B.A. **General Studies with a concentration in English.** Graduated *Cum Laude*. Honors Program Graduate. Armstrong Atlantic State University in Savannah, GA

Work Experience

- **CEO.** Hattiesburg Writing Institute LLC. Hattiesburg, MS 2017-PRES
- **Editor and Writing Coach.** Successful Edits. Hattiesburg, MS 2017-PRES
- **Long-term Substitute Teacher.** Public Schools. Columbia, MS. 2012-2013
- Taught primary, secondary, honors, and alternative students
- Implemented lesson plans in Reading and English
- Proctored state examinations
- **Creative Nonfiction Teacher.** Norfolk, VA. Virginia Beach, VA 2009-2012
- In a workshop or classroom setting, teach students how to incorporate literary (poetic, artistic) and fictional (plot, theme, point-of-view, character development, structure) techniques into nonfiction.
- Teach essay techniques for the four modes of discourse: narration, exposition, argumentative, and research.
- **Substitute Teacher.** Public Schools. Newport News, VA 2004-2005
- Taught primary, secondary, and alternative students
- Implemented lesson plans in Reading and English
- Excellent communication and interpersonal skills
- **Childcare Provider.** Fort Eustis, VA 2003-2004
- Created Lesson Plans
- Worked with Special Needs preschoolers with both learning and physical disabilities
- **English Tutor.** Armstrong Atlantic State University. Savannah, GA 2000-2002
- Provided tutorial services for students needing help with essay

- Worked with ESL (English Second Language) and Regent Students
- Helped students improve their literary technique, style and grammar

Publications/Presentations

- **Contest Finalist**, *Perfect Daughter*. Nonfiction Short Story. Winner in Old Dominion University Women's Studies Writing Contest, 600-800 Division. Norfolk, VA 2011-2011
- **Chapbook**, *Tenacious Things*. Norfolk, VA 2010-2010
- **Chapbook**, *Empty House*. Norfolk, VA 2009-2009
- **Honorable Mention**, *Redemption*. Fiction Short Story published in York County's Literary Journal. Yorktown, VA 2006-2006
- **National Library of Poetry**, *My Time*, published in a compilation book titled, *Shelter in the Shade*. Owing Mills, MD 1999-1999

Public Readings

- **Annual Reading & Book Exchange**. Java Werks. Hattiesburg, MS 2015-2015
- **Tunnel Traffic Series** at Borjo Coffeehouse. Norfolk, VA 2011-2011
- **MFA Reading Series** at Borjo Coffeehouse. Norfolk, VA 2010-2010
- **Love Your Body Day**. Old Dominion Univ. Norfolk, VA 2010-2010
- **The Muse Writers** at The Boot. Norfolk, VA 2009-2009
- **Love Your Body Day**. Old Dominion Univ. Norfolk, VA 2009-2009
- **The Muse Writers** at The Boot in Norfolk, VA 2008-2008
- **Love Your Body Day**. Old Dominion Univ. Norfolk, VA 2008-2008
- **The Muse Writers** at The Boot. Norfolk, VA 2007-2007

Research Experience

- **Research Paper**. Extensive research on Elizabeth Gaskell's novel, *North and South*, and the philanthropic role of nineteenth century middle class women. 4000 words. 2010-2010
- **Research Paper**. Extensive research on the psychopathic nature of *American Psycho's*, Patrick Bateman juxtaposed with *Batman's*, Bruce Wayne. Twenty-five pages. 2009-2009
- **Research**. Extensive research on the signs, symptoms, causes, effects, and treatment of child abuse and neglect. Clinical effects of abuse: hypervigilance, sleep disturbances (insomnia), flashbacks (intrusive memories/PTSD), suicidal ideation, and psychosomatic symptoms such as migraines and digestive 2008-PRES

problems. Alcohol abuse. Abuse in relationships. Rape. Eating disorders. Victim's feelings of shame, depression, anxiety, embarrassment, guilt, humiliation, abandonment, and vulnerability.

- Extensive research included working with primary and secondary sources, online journals, and card catalogues

Professional Development

- **Nonfiction Editor** for **Online Journal**, *Barely South Review*. 2011-PRES
- **Interviewer** for **Lake Taylor Hospital Project**. *Memoir*. Norfolk, VA 2011-2011
- **North Suffolk Library Poetry Workshop**. Suffolk, VA 2011-2011
- **Mentor** for **Virginia Contemporary Arts Center's Enrichment Project**. Virginia Beach, VA 2011-2011
- **Mentor** for **Virginia Contemporary Arts Teen Apprentice Program**, *Where the Wild Things Are* Exhibition. Virginia Beach, VA 2010-2010
- **Mentor** 3rd graders at **Taylor Elementary School** 2010-2010
- **WinC** at **Virginia Contemporary Arts Center**, *Family Festival*. Virginia Beach, VA 2010-2010
- **Worked with Nonfiction Writer Blake Bailey**. Norfolk, VA 2009-2010
- **Mentor** for **Park Place Child Life Center Arts Program** 2010-2010
- **Poetry Judge** for the Suffolk Teen Poetry Contest. Norfolk, VA 2010-2010
- **WinC Workshop** for repeating 9th grade English students at **Granby High**. Norfolk, VA. 2009-2009
- **Mentor** girls in creative writing at **Park Place Child Life Center**. Norfolk, VA 2009-2009
- **WinC Program (Creative Writing Workshop)** at **Pretlow Library**, *Mighty Military Kids*. Norfolk, VA 2009-2009
- **Worked with war poet Brian Turner**. Learned poetic pointers to improve my literary style, techniques and voice. Norfolk, VA 2009-PRES
- **Teach Creative Writing Workshops** in Nonfiction and Poetry. Virginia Beach, VA 2009-2009
- **WinC Workshop** at **Suffolk Public Library**, *Tell Your Story Workshop*. Suffolk, VA 2009-2009

Affiliations/Memberships

- **Advanced Writing Workshop** 2016-PRES
- **Hub City Writers Group** 2013-PRES
- **Hattiesburg Tennis Club** 2013-2015
- **Golden Key International Honour Society** 2011-2011

- **Writers in Community (WinC)** 2009-PRES
- **The Muse Writers** 2007-2009

Other Experience

- **Homemaker.** Home Management. Yorktown, VA 1997-PRES
- Home-school teacher, tutor, child-care provider, maid services, food preparation supervisor, bookkeeper, financial planning, and chauffeur
- Performed project managerial duties: scheduled meetings, determined resources required, interviewed individuals, assigned tasks; created executed, and adjusted plans as necessary
- Organized and coordinated household operations and procedures to ensure organizational efficacy and efficiency
- Acquired consumer, organization, time management, planning, budgeting, and leadership skills
- **Electronic Computer and Switching Systems Apprentice.** US Air Force in Colorado Springs, CO 1995-1997
- Built, fixed, and maintained computer hardware
- Worked daily with computer software programs such as Microsoft Word and Works, PowerPoint, Excel, and Spreadsheet
- **Dorm Chief.** Demonstrated Leadership Skills for new recruits in Boot Camp 1995-1995

Interests

- Reading
- Writing
- Playing piano; learning guitar
- Painting
- Playing tennis

References

Excellent references available upon request